



Bayberry

WELLNESS & RECOVERY
CENTRES

The Manor

Private Residential Treatment. Warwickshire, England

www.bayberry.org.uk

THE SETTING

A Place Designed for Recovery

Bayberry Manor is a Grade II listed, 17th-century manor house set within private, landscaped grounds in the Warwickshire countryside. Steeped in character and warmth, the house has been thoughtfully designed to feel far removed from any clinical environment.

The Manor is approximately 30 minutes from Birmingham International Airport and is well connected to the national rail network. Chauffeur transfers to and from any mainland UK location are included in the programme fee for all Manor clients.



“*A genuinely restorative place to begin again.*”



ACCOMMODATION

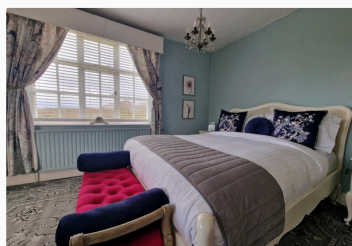
Comfortable rooms. Peaceful surroundings.

The Manor has **four** individually furnished bedrooms, all with garden or countryside views and hotel-quality linens. Rooms are serviced daily, with housekeeping included alongside a full laundry and ironing service throughout your stay.



THE TUDOR ROOM

Double-aspect, first floor room. Garden and field views. Private bathroom with bath and shower



THE WHITE ROOM

Double-aspect, en suite shower. Bright and spacious with views across the grounds.



THE SPIRES

First floor, en suite room, overlooking fields and distant church spires.



LONGVIEW

Second floor room, en suite shower & wide open field views. Light and peaceful.

Built Around You



Outside scheduled sessions, the therapy rooms are available to Manor clients as private office or meeting space, creative studios or quiet retreats. Business meetings and visits from professional advisors can be accommodated, with catering provided.

TAILORED TO YOU

No two stays at the Manor are the same. Before and upon arrival, each client's needs, routines, and preferences are discussed, so that every detail of daily life has been thoughtfully arranged around them.

“Your recovery doesn't fit around our programme. The programme is designed to fit around you.”

Manor Exclusives

• Gym & Spa Access	Pool, gym, sauna, steam, spa (unlimited visits at a local private club)
• Full Time Personal Trainer	Supporting individual programmes, with on-site gym and country walks
• Coffee House	Daily, 3.30–5.30pm (cakes, barista coffee, informal social time)
• Devices	All phones and laptops permitted throughout; unrestricted Wi-Fi
• Chauffeur	Included for admission and discharge; local business travel by arrangement

At Bayberry Manor, treatment is delivered through individual sessions each weekday. We uniquely tailor care to each client's requirements, adapting to their lifestyle responsibilities, preferences, and recovery needs.

“Every meal is prepared to order, with breakfast, lunch and dinner served daily, at times agreed with the client.”

Before arrival, the team takes time to understand each client's routines, priorities and expectations, allowing every aspect of their stay to be carefully planned. From therapy schedules and daily routines to dining preferences and environmental comforts, no detail is overlooked.

Personalised Dining



No set menu. Every meal is made to order by our Executive Head Chefs and served in the dining room, lounge, garden, or bedroom, at times that suit the client. Snacks and drinks are available throughout the day and evening.

Daily Living & Environment



Wake times, meal schedules, room temperature, bedding, housekeeping, visiting times, and evening routines are tailored around the individual.

Therapy on Your Terms



The level of contact from staff, from close accompaniment to complete privacy, is set by the client and adjusted as needs evolve. Therapeutic approaches are equally personalised, remaining aligned with individual preferences.

Supporting Professional Commitments

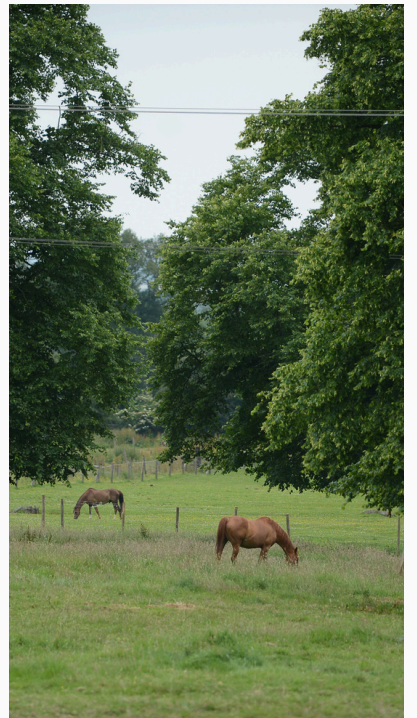


Treatment can be arranged around essential commitments, with therapy scheduled to accommodate meetings, calls and other obligations, allowing clients to remain engaged with important responsibilities.

Lifestyle and Wellbeing



Supporting physical wellbeing and personal interests, from gym and spa access to personal training, creativity and more.





THE PROGRAMME

The Heart of Recovery

The Manor Programme is entirely **one-to-one**. There is no group therapy, no shared timetable and no requirement to work alongside other clients. Every programme is designed around the individual, beginning with a thorough clinical assessment on the day of admission.

“*A personal, one-to-one journey of restoration and lasting change.*”

PROGRAMME DETAILS



Psychotherapy

1:1 pluralistic therapies including trauma-informed



Psychosexual Therapy

Specialist talking therapy for identity & relationships



Respite & Retreat

Stress, burnout and resilience building



Activity & Movement

Tailored to desired results



Lifestyle & Wellbeing

Coaching, planning & personal goals



Family Support

Aligned with client's needs



Aftercare

For as long as you need it



Outstanding Therapists

Qualified, Accredited, Recognised

CONDITIONS WE TREAT:

Mental Health | Alcohol | Substance Use | Behavioural Change |
Personal Development | Life Changes & Challenges

Clients receive 15 hours of individual psychotherapy each week, plus additional wellbeing and support sessions. Timing, pacing and content are shaped in ongoing discussion between client and therapist - and more intensive stays are also available.

Nationwide Support



UK
Addiction Treatment
Centres

Find help across
the UK



“
We pioneered our customised, one-to-one, service 14 years ago and are proud to continue supporting our clients with their unique needs and circumstances

Mandy Cooper
”



Bayberry

Admissions 24/7



0808 163 3227



admissions@ukat.co.uk

Scan for our Website



Compassionate Care

Kindness, understanding
and discretion at every
step.



Expert Support

Evidence-based
treatment from
experienced teams.



Lasting Recovery

Continued care, and a
lifelong alumni
community.



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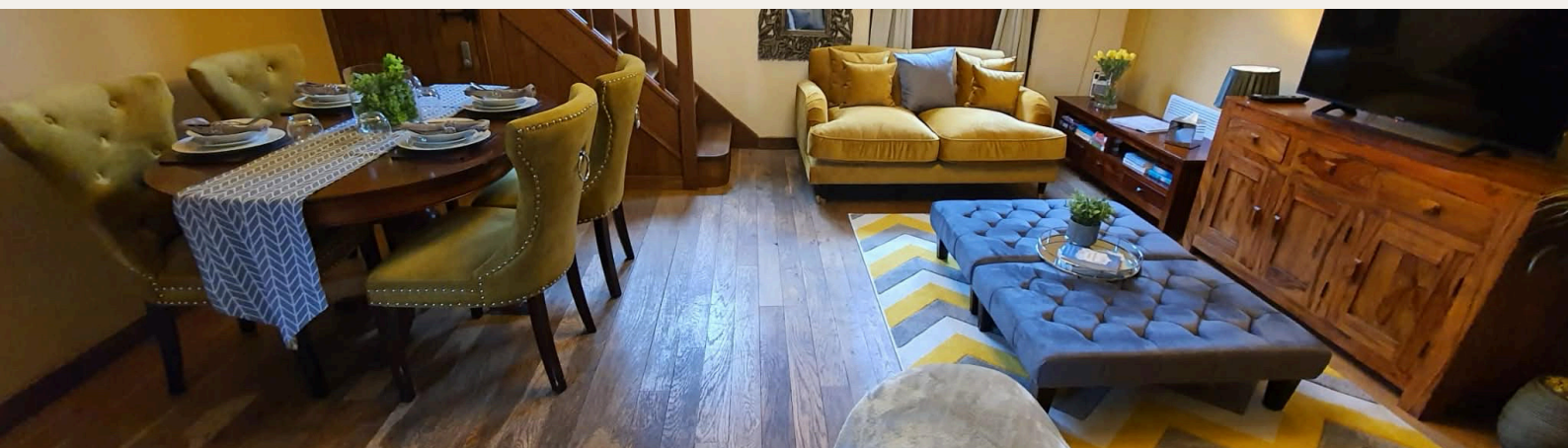
Bayberry Cottages are set within private, landscaped grounds in the Warwickshire countryside, with each cottage having been carefully considered to provide comfort, privacy, and warmth, reflecting a traditional sense of care and quiet country living.



While it feels secluded and private, the location remains highly accessible, with Birmingham International Airport around 30 minutes away and strong connections via the national rail network, making travel straightforward from across the UK.

“

Where heritage meets quiet restoration.”



ACCOMMODATION

Where privacy and comfort are prioritised

The cottages are set around a private courtyard, with each one housing no more than **two clients**. The environment is calm and residential in feel, designed to offer comfort and privacy rather than anything institutional.

What's included in your cottage:



Chef-prepared meals daily



Smart TV



Wi-Fi Access



Local Pool, spa & gym access



On-site coffee house



Courtyard garden & orchard



THE PROGRAMME

Where Recovery Takes Shape

The Bayberry Cottages Programme offers a structured residential treatment experience combining group therapy, individual psychotherapy, and peer-supported recovery. Each admission begins with a full clinical assessment, ensuring care is tailored from the outset and continuously shaped throughout the stay.

“A structured path to recovery, with space for individual change.”

PROGRAMME DETAILS



Core Therapeutic Model

Structured group therapy, or combination of group and 1:1 sessions



Therapeutic Community

Peer-supported recovery within a safe, guided environment



Structured Weekly Timetable

Full weekday programme with consistent therapeutic rhythm



Creative & Holistic Therapy

Art, mindfulness, and wellbeing-based interventions



Personalised Clinical Planning

Programme adapted continuously to individual progress



Recovery Skills Development

Practical tools for relapse prevention and long-term stability



Aftercare

For as long as you need it



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CONDITIONS WE TREAT:

Mental Health | Alcohol | Substance Use | Behavioural Change | Personal Development | Life Changes & Challenges

Clients follow a structured weekly timetable centred on group therapy as the primary therapeutic framework, with a choice to include regular one-to-one psychotherapy sessions. This balance allows for personal reflection in private sessions while also engaging in shared therapeutic work that builds connection, accountability, and insight.

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